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RQID: SITE:S53 DR:F
SSN:124702516 DOCTYPE:0001 RF: CS:7c66

Requested Attributes

Request ID:	
Site ID:	S53
SSN:	124 - 70 - 2516
Document Type:	Medical Evidence of Record
Document Retention (DR):	F

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OFFICE VISIT**New Patient****Patient Name: Smith, Betty****Date: 11/15/2008****Doctor of Record: Ashley Stewart, MD****CHIEF COMPLAINT:** Low back pain.**HISTORY OF PRESENT ILLNESS:** This 41-year-old female reports low back pain, mostly the right side that has been ongoing since 9/2007.**TREATMENT TO DATE:** Treatment to date has included no epidural. She has received chiropractic management and in the past had physical therapy which helped. No brace has been employed. She is taking Naproxen and Lortab PRN. Aggravating factors include basically driving, standing, and laying. Her pain is relieved for the most part with medication.**RADIOGRAPHIC DATA:** Lumbar spine X-ray dated 10/02/08 demonstrates L3/4 disc space narrowing and DDD.**PAST MEDICAL HISTORY:** Low back pain.**PAST SURGICAL HISTORY:** Notable for hemorrhoidectomy 1980s and a C-section 1988.**MEDICATIONS:** Naproxen and Lortab PRN**ALLERGIES:** None.**SOCIAL HISTORY:** Negative.**FAMILY HISTORY:** Notable for arthritis.**PHYSICAL EXAMINATION:** On physical examination the 5'4", 170 lb female is right hand dominant. She is tender over the caudal aspect of the lumbar spine below the intercrestal region. SIJ appears to be mildly tender. Faber testing is negative bilaterally. She has limitation of motion of the lumbar spine to 60 degrees flexion and 15 degrees for extension and right and left lateral flexion.

Straight leg raise is negative. No calf atrophy appreciated. Pulses are intact. Motors are 5/5. Symmetry is 5/5. Reflexes are diminished but symmetric.

DIAGNOSIS: Symptomatic lumbar disc degeneration.**RECOMMENDATIONS:** PT referral given. Return in 2 months.Dictated by: **Ashley Stewart, MD**

OFFICE VISIT
Recheck

Patient Name: Smith, Betty

Date: 02/01/2009

Age: 52 yrs

CHIEF COMPLAINT: Continued pain.

HISTORY OF PRESENT ILLNESS: The patient comes in today for a follow up visit. Low back pain symptoms have improved with PT. Patient has only needed Loratab about 1x per week usually when she has done too much physically.

PE shows improved ROM of low back. She has 80 degrees flexion and 20 degrees for extension and right and left lateral flexion. Motor is 5/5. No sensory or reflex loss. Reflexes WNL.

Patient has been unable to work since 09/2007 due to lifting requirements. The lifting requirements aggravate her back pain and she continues to remain totally disabled.

Dictated by: Ashley Stewart, M.D.

OFFICE VISIT

Patient Name: Smith, Betty

Date: 03/15/2009

Age: 41yrs

Patient was a no show for appointment today.